

Ottawa Hash House Harriers

Run 1583 : 20 January 2015



Run 1583

When: Monday, 19 January 2015, 7:00 PM
Hare: Backwash
Hostess: Hump De Dump De
Where: 17 Cathcart Square, Ottawa ON
Hash Cash: \$10.00 for hash down-downs and food
Distance: Runners 5.97 Kms
Distance: Walkers 3.77 Kms
Hashers: 30 including 1 visitor **'Body Language'**
Weather: at 7pm Mainly clear Temperature -11°C Windchill -20°C
Photos: **Curtsy of Wong Way**



Thirty hashers were undaunted by both the weather and the fear of a long Backwash trail - or was it the thought of a wonderful home cooked meal that brought these brave souls out?

No sooner had the pack arrived at the ON IN, taken their shoes off and got a little warm than the hare and Acting GM yelled, "OUTSIDE, CIRCLE UP!" The ever obedient hashers jumped to their feet and scrambled out into the cold only to hear the hare give



a long convoluted description of the trail.

She explained that it was all marked in blue paint, which it turned out was not 100% correct and that at one point we had to be especially vigilant because of a possible security issue, and not to make any assumptions on where the rehydration stop might be but most importantly there were no false trails. Of course the hashers took all of this to heart and dutifully obeyed and after the blessing of the hare went merrily on their way.



The trail proceeded nicely along the Lower Town streets and after several checks came to the Hash Hold at the Rideau Falls (named after the Rideau Hash House Harriers). At this point the hare explained to be extra vigilant and on our best behaviour. As we ran past the French Ambassadors Residence we could see the reason for the warning - there seemed to be a higher police presence than on previous occasions. Because of this our usual song stop at this location was omitted!

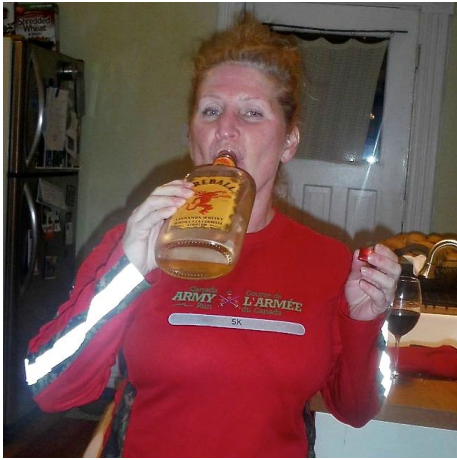
Our pleasant run along the city streets came to an abrupt halt at the 2 kilometre mark when it was off into the woods along a cross-country ski trail. Not to be out done by just going along this trail the hare veered us off and up a steep hill through knee-deep snow, for some of our height challenged hashers it may have even been a

little 'chillier.' The FRBs broke trail so the slower runners did not have it quite as deep. Did this torturous trail end when it came out onto the Parkway again? Of course not! After all this was a Backwash trail. It was once again ON UP and into the woods but luckily there was, although slippery, a well worn path. After two more kilometres of street running and more checks we arrived at the rehydration stop to meet up with the walkers. Not only was there the usual amber nectar but also some fiery liquid which warmed the cold hearts and bodies.



After being fortified with liquid and goodies it was ON ON to the ON IN where we were greeted by our hostess with the mostest. As the very, very tasty lasagna, both real (meat) and imitation (vegetarian) was ready to be served along with a crisp green salad.





There certainly was enough food and drink to go around and some of the fiery liquid even made it back to the ON IN where it was enjoyed.

The Acting Grand Mattress called the circle to order and after admonishing several hashers for only showing up on 'warm' nights she brought in the visitor. Our visiting hasher

'Body Language' explained that she was from Geneva, and was only in Ottawa for a week but she always tries to make an effort to hash in any city that she visits. The hashers tried to figure out just where Geneva is and finally decided that it was somewhere near Limoges.

The GM turned the circle over to the Religious Advisor who had a litany of crimes that had to be dealt with. Once these crimes had been dealt with he brought in the hare to hear the pack's comments about her trail. And comments there were: that it was no run it was more like a trudge, run! we needed snowshoes, I have never sworn so much on trail in my life (and that was from a harriette who did the Bandung terraced rice paddy torture trail!), I think my shoes will never thaw out, and then a final one I don't think she really set it because it was only half as long as her usual efforts!

When asked for a rating out of 100 the trail managed a generous 6.9 while the food got a very well deserved 99.9!

RECEDING HARE LINE OH₃

**Run #1584 "ANNUAL RABBIE BURNS RUN
Get your Scots on and wear something tartan!"**

When: Monday, Jan. 26th, 2015 @7:00 pm
Hare(s): Have You? and Taste The Rainbow
Hash Cash: \$10.00 for food and drink
Where: 1030 Como Crescent, Orleans

RH₃

When: Thursday 23 January @ 7:00 pm
Hare(s): Peter Eat Her
Where: Royal Oak, 221 Echo Drive
Hash Cash: \$5 for Hash down-downs.
Note: Get out your skates and celebrate the upcoming even of the century: WinterRude 2015! There will be a walkers trail, a runners trail and of course a skating trail. They all head down the canal towards Dow's Lake..... just at different speeds. Play catch the hares for a free drink and snack.