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# Ottawa Hash House Harriers

Run #1575

24 November 2014

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**BEER DOESN'T HAVE MANY VITAMINS**

That's why you need to drink a lot of it.

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## Run #1575

**When:** Monday, Nov. 24th, 2014 @7:00 pm  
**Hare:** Mustard Balls  
**Where:** Al's Diner, 834 Clyde Ave., Ottawa, ON  
**Hash Cash:** \$5 for Hash down-downs.  
**Distance:** Eagle runners 6.16 Kms  
**Hashers:** 31  
**Weather:** at 8pm Mainly clear 12c Wind SSW 50 Gust 74

It really was a dark and stormy night that saw thirty-one brave hashers take up the challenge of a Mustard Balls run.

Poor old Mustard Balls had some excuse that work interfered with the setting of the trail so after he explained the trail markings he was off to set a live trail. At least with a live hare and a freshly marked trail the marks would not be washed away in the rain, but the down-side to that would be he would not be able to use the wet as an excuse for a poorly marked trail!

After giving the hare a sufficient head start the runners were off in hot pursuit while the walkers set off with a map in hand which would lead them to the rehydration stop.

The run started in the semi-industrial area before winding through several residential streets and after a long gently rising street it was ON INTO the woods. First along

one of the many multi-use paths but then across the field and into the shiggy trail through the woods. The rain during the day made for a muddy, slippery trail and the darkness did nothing to help find the roots and rocks that were obstacles on the path. After fighting our way through the underbrush it was back onto Clyde Ave and an appropriate check at Bonnie Ave. So there we were standing at Bonnie and Clyde wondering where to go.

The trail was eventually found and it was ON ON again through more residential streets to reach the Experimental Farm Pathway which always seems to be up hill. Then comes the question of the month: **“who puts a check beside a BVN mark?”** After finding the trail it was, once again, ON UP to reach the top of Mount Carlton, the highest point in Ottawa, which was the rehydration stop.

After being sufficiently fortified it was ON ON down the infamous steep hill upon which, four years ago, **Shredder** had the misfortune to break his leg.

Back at the ON IN both the Grand Mattress and Religious Advisor ran a raucous circle with much jocularly, it might have been one of the funniest circle in a long time! Never-the-less the GM and RA had a number of sinners that needed to be suitably punished. The hare, of course, was brought in to receive the various opinions of his trail which ranged from the usual, too long, too short (which for

**Mustard Balls** it was!), too flat, not enough wet trails, to we could have used a bit more wind. After much deliberation and cat-calling the trail was marked 6.9 out of 10.

Not to build up the hare's ego, after the circle there were many comments on how many hashers enjoyed the challenging trail and thought it was one of this hare's better ones.

## NOTICE

A decision has been made that commencing today:

**items related to 'chat' will only be sent on the chat email list**

**items related to upcoming runs will only be on the run email list**

Consequently this will be the last Hash Trash sent to both the chat and run email list.

If you are not on both lists here are the links to get on YOUR MISSING LINK

To **join** the oh3\_chat group using any email account by just sending a mail to [oh3\\_chat-subscribe@yahoogroups.com](mailto:oh3_chat-subscribe@yahoogroups.com) from your email account. Then check your email account for a confirmation email and follow the instructions, that is reply and send.

To **join** the oh3\_runs group using any email account by just sending a mail to [oh3\\_runs-subscribe@yahoogroups.com](mailto:oh3_runs-subscribe@yahoogroups.com) from your email account. Then check your email account for a confirmation email and follow the instructions, that is reply and send.

# UPCOMING RUNS

## OH3 RUN 1576

**When:** Monday, Dec. 1st, 2014 @7:00 pm

**Hare(s):** CIRCLE JERK

**Where:** T B A - check the website or get your name on oh3\_runs email

## RH3 RUN 62

Thursday, November 27, 2014 7:00 PM

Hare(s): CockWench

Where: TBD

Hash Cash: \$5 for Hash down-downs.

## PEROGIE RUN

### There Will Be A Gift Exchange

**When:** Saturday December 20, 2014 @5:00 pm

**Hare(s):** Jean-Paul (Jean-Pierre?)

**Where:** 438 Hartleigh Road, Ottawa

**Hash Cash:** \$15 for dinner and Hash down-downs.

# UP COMING EVENTS

## Not a R\*n "POSH NOSH"

**When:** Friday, December 12, 2014 @6:15 pm (Dinner served at 6:30pm)

**Where:** Algonquin College's Restaurant International 1385 Woodroffe Ave

**Cost:** \$39 per person, including tax and tip pay to Cheap Thrills.

Cheap Thrills will pay the bill.

**What you get:** 4-course meal which includes appetizer, soup or salad, entree (3 choices to be arranged closer to the date), dessert, tea and coffee. They also have a full cash bar with beer and wine, which will accept debit and credit to payment.

**Note:** FOR FURTHER INFORMATION PLEASE CONTACT CHEAP THRILLS AT [harrisonwatson@yahoo.ca](mailto:harrisonwatson@yahoo.ca)

**Note:** Payment is \$39 cash to Cheap Thrills or \$38.92 by interact e-mail transfer to [harrisonwatson@yahoo.ca](mailto:harrisonwatson@yahoo.ca)

## R\*n "ANNUAL CHRISTMAS PARTY"

**When:** Saturday, December 6, 2014 @ 2:00 pm

**Hare(s):** Flounder and Cumikazi

**Where:** 2650 Flannery Drive, Ottawa, Ontario

**Hash Cash:** \$10.00 for food and beer.

**ATTENTION:** THIS IS A KID FRIENDLY HASH SO BRING THE LITTLE, AND NOT SO LITTLE ONES. SANTA WILL MAKE AN APPEARANCE



